PLANNING YOUR TRIP

What Your Package Includes

How an all-inclusive treatment package is built, what is in it line by line, what is not, and how to compare one clinic's offer with another's



A medical travel package is three things bundled: the treatment itself, the logistics of being in Istanbul, and the care that follows you home. Pricing is clearer when you see them separately.

WHAT A PACKAGE BUNDLES



Medical, hospitality and aftercare. Each layer has items that are always included, and items that depend on the treatment.

THE LAYERS

MEDICAL

The treatment

Surgeon and team, anaesthesia, the procedure, hospital stay where planned, medication, garments and dressings, pre-operative tests.

HOSPITALITY

Being here

Hotel nights, airport transfers both ways, transfers to every appointment, a coordinator in your language.

AFTERCARE

Going home

Written instructions, scheduled follow-ups by photo or video, a direct line for questions, aftercare products for hair patients.

Why we price as a package

A single price removes the surprises that make medical travel stressful: a hospital night billed separately, a transfer that was "not included", a garment bought at the pharmacy. You know the total before you book.

Ask for your written plan; every item on these three layers will be listed.

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Included — and not included

This is the standard list. Your plan may add to it depending on the treatment, and the written offer is what applies.

THE STANDARD PACKAGE

Included

In every package, whatever the treatment.

- ✓ Consultation and planning with a named surgeon
- ✓ The procedure, anaesthesia and the surgical team
- ✓ Pre-operative tests required for the procedure
- ✓ Medication to take home, with written instructions
- ✓ Hotel nights as specified in the plan (companion sharing the room)
- ✓ Airport transfers both ways and transfers to all appointments
- ✓ A multilingual coordinator throughout
- ✓ Scheduled follow-up after you return home

Not included

Yours to arrange, or billed separately if chosen.

- ✓ Flights
- ✓ Meals outside the clinic and hotel breakfast
- ✓ Extra hotel nights beyond the plan
- ✓ Travel insurance (we recommend a policy that covers elective treatment abroad)
- ✓ Treatments added on request after the plan is agreed
- ✓ Personal spending, sightseeing, local transport outside transfers

WHAT COULD CHANGE THE PRICE, AND HOW YOU WOULD KNOW

- ✓ **A different plan after examination.** Occasionally the examination changes the recommended technique or extent. We explain why, and you agree the new price before anything happens.
- ✓ **Additional procedures you request.** Quoted separately, in writing, before they are booked.
- ✓ **An extended stay for medical reasons.** Rare; discussed openly if it arises.

Ask us what is not in your plan. The answer should be short and specific.

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How packages differ by treatment

The medical and hospitality layers scale with the procedure. A hair transplant needs three nights and no hospital stay; body surgery needs more of both.

TYPICAL PACKAGE STRUCTURE

TREATMENT	NIGHTS IN ISTANBUL	HOSPITAL STAY	SPECIFIC INCLUSIONS
Hair transplant (FUE, DHI, long-hair)	3 nights	None; day procedure	First wash at the clinic, aftercare kit (shampoo, lotion), headband, neck pillow, PRP where planned
PRP / exosome sessions	1 night or combined with another trip	None	Session(s) as planned; home-care advice
Rhinoplasty	6–7 nights	1 night	Splint and dressings, removal before departure, nasal care products
Breast surgery	6–7 nights	1 night	Implants where applicable (with documentation), support bra, drain care
Tummy tuck, liposuction, combined	7–10 nights	1–2 nights	Compression garment(s), drain care, lymphatic drainage sessions where planned
Face and neck lift	7–8 nights	1 night	Dressings and garment, suture removal before departure

Ranges are typical and set in your written plan. Longer stays can be arranged.

DEPOSIT AND PAYMENT, PLAINLY

- ✓ **A deposit secures your dates.** The amount and the conditions are stated in your written offer.
- ✓ **The balance is paid at the clinic.** Before the procedure, by the methods listed in your offer.
- ✓ **Rescheduling.** Possible with notice; the terms are in writing so there is no debate later.

COMPANIONS

- Share the hotel room at no extra cost
- Travel in the same transfers
- Welcome at the consultation and briefed after surgery
- See our Companion's Guide for what to expect

Ask which of the specific inclusions apply to your plan, and whether the nights can be extended.

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Comparing two offers fairly

Two clinics, two prices. The lower one is not cheaper until you know what it leaves out. Put both offers through this sheet before you decide.

TICK WHAT IS INCLUDED IN EACH OFFER

- ☐ Named surgeon, with credentials you can check
- ☐ Anaesthetist present for general anaesthesia
- ☐ Hospital night(s), where the procedure needs them
- ☐ Garments, dressings, aftercare kit
- ☐ Airport transfers both ways
- ☐ A coordinator in your language
- ☐ A written complication and revision policy
- ☐ Procedure in a hospital or licensed facility
- ☐ Pre-operative tests
- ☐ Medication and written aftercare
- ☐ Hotel nights – how many, which standard, companion included
- ☐ Transfers to every appointment
- ☐ Scheduled follow-up after you go home
- ☐ Deposit and refund terms in writing

THREE QUESTIONS THAT REVEAL THE GAPS

- ✓ **"What is not included?"** A good clinic answers quickly; a vague one changes the subject.
- ✓ **"What could add to the price?"** There should be a short, honest list.
- ✓ **"Can I have this in writing?"** If not, the offer does not exist.

Compare lines, not totals

A quote that omits the hospital night, the garment and the appointment transfers can be several hundred euros lower on paper and higher in practice. Our guide on how pricing works explains the factors behind the numbers.

YOUR NEXT STEP

Talk to us before you decide anything

Free Consultation
A conversation with a coordinator, with no commitment.

Send Your Photos
Our medical team reviews them and replies with an assessment.

WhatsApp Us
Questions answered in your own language, usually the same day.

✓ Free consultation · Free medical evaluation

WHATSAPP US

READ ONLINE

WHY ESTECENTER?

- ✓ Experienced medical teams
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This guide is for informational purposes.
Treatment suitability is determined after medical evaluation.