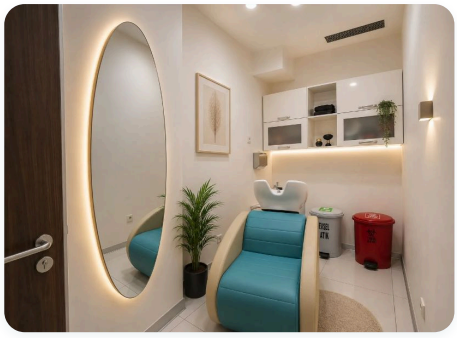
CHOOSING A CLINIC

Twenty Questions to Ask Any Clinic

The questions that separate a well-run clinic from a well-marketed one – grouped by topic, with the answers you should expect and the ones that should worry you



The single most important variable in your result is who does the work. These five questions find out.

ASK THE PERSON, NOT THE BRAND



A clinic is a building. A result is made by a named surgeon and a team you can ask about.

WHY THESE QUESTIONS FIRST

- ✓ **Names are checkable.** Registration, training and experience can be verified; "our expert team" cannot.
- ✓ **Who does what matters.** In hair transplant especially, ask which steps the doctor performs and which the technicians do.
- ✓ **Volume cuts both ways.** Experience is good; several operations a day per surgeon is not.

QUESTIONS 1–5

ASK	A GOOD ANSWER	A WORRYING ANSWER
Who will perform my procedure, by name?	A named surgeon you can look up	"Our medical team" or "it depends on the day"
What is their registration and training?	Specialty board, registration number, years in practice	Vague credentials or evasion
Which steps does the doctor do personally?	A clear division, stated without defensiveness	"The doctor supervises everything" with no detail
How many of this procedure does the surgeon do a year?	A number, and a sensible one	Either no idea, or an implausibly large figure
Can I speak to the surgeon before I travel?	Yes, by video or call	Only to a sales consultant until the day

Write the surgeon's name down and look it up before anything else.

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About the facility and the procedure

Where surgery happens, and who keeps you safe during it, are not details. They are the difference between a procedure and a risk.

QUESTIONS 6–10

ASK	A GOOD ANSWER	A WORRYING ANSWER
Where exactly will the procedure take place?	A named hospital or licensed clinic, with an address	An unnamed facility, or a "partner" clinic
Who gives the anaesthetic?	A qualified anaesthetist, present throughout general anaesthesia	Nobody specific; "the nurse"
What is the technique, and why for me?	Reasons tied to your case, with alternatives explained	One technique for everyone; a trade name instead of reasoning
How long will the procedure take and will I stay overnight?	A realistic range; a clear plan for the night	A suspiciously short time; sent to a hotel after general anaesthesia
What is the plan if something goes wrong during surgery?	Hospital setting, emergency protocols, ICU access	A pause; reassurance without substance

RED FLAGS, BRIEFLY



Pressure, guarantees, vagueness, unnamed surgeons and unwritten promises. Any one is a reason to pause.

WHAT TO LISTEN FOR

- **Specifics.** Names, addresses, numbers. Safety is made of specifics.
- **Trade-offs.** Good clinicians explain why not, as readily as why.
- **Comfort with questions.** A clinic that welcomes scrutiny is usually one that survives it.

For hair transplant, add one more: how many grafts, and how was that number reached? A number given without seeing the donor area – even in photographs – is a guess dressed as a plan.

If any answer here is vague, ask again. If it stays vague, move on.

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About the plan, the price and what is included

A low price with gaps costs more than a full price with none. These questions find the gaps.

QUESTIONS 11–15

ASK	A GOOD ANSWER	A WORRYING ANSWER
Can I have the plan and price in writing before I pay anything?	Yes – a document listing procedure, surgeon, inclusions, price	Only after a deposit; or only in a chat message
What exactly is included?	Procedure, anaesthesia, hospital stay, medication, transfers, hotel nights, follow-up – each named	"Everything" without a list
What could add to the price, and how would I be told?	Named possibilities, agreed before they happen	"Nothing" – or silence until the day
What is the deposit and refund policy?	Written, with conditions and timescales	Non-refundable, no exceptions, no document
Why is the price what it is?	An explanation of the factors – extent, technique, stay	A discount if you decide today

WHERE QUOTES COMMONLY DIVERGE

- Hospital night included or billed separately
- Medication and garments
- Number of hotel nights, and whether a companion is covered
- Transfers: airport only, or every appointment
- Follow-up: how many checks, and whether a revision is ever covered

A USEFUL HABIT

- ✓ **Ask for the same list from each clinic.** Then compare line by line, not total to total.
- ✓ **Ask what is not included.** The answer is more revealing than the inclusions.
- ✓ **Keep the written offer.** It is what you will refer to if anything is disputed.

Request our written plan and compare it line by line with any other.

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About aftercare — and five red flags

The operation takes hours; the recovery takes months, in another country. The last five questions are about who stays with you for it.

QUESTIONS 16–20

ASK	A GOOD ANSWER	A WORRYING ANSWER
Who do I contact after I go home?	A named coordinator and a clinical contact; a stated response time	"Just message us", nobody responsible
What follow-up is scheduled?	Checks at set milestones, by photo or video	"Whenever you like"
How are complications handled from abroad?	A policy: assessment, local care if urgent, surgeon contact for your doctor	No policy; "it won't happen"
What is your revision policy?	Written conditions: when, who decides, what is covered	Unwritten promises
Can I see results at twelve months?	Yes – unretouched, at the right time point, with consent	Only early photos or website testimonials

FIVE RED FLAGS, IN ONE LINE EACH

Today-only price
Medical prices do not expire.

Guarantees
Promised results or counts.

Unnamed surgeon
Nobody to look up.

Plan in chat only
Nothing to hold them to.

Yes to everything
Even what should be declined.

YOUR NEXT STEP

Talk to us before you decide anything

Free Consultation
A conversation with a coordinator, with no commitment.

Send Your Photos
Our medical team reviews them and replies with an assessment.

WhatsApp Us
Questions answered in your own language, usually the same day.

✓ Free consultation · Free medical evaluation

WHATSAPP US

READ ONLINE

WHY ESTECENTER?

✓ Experienced medical teams
✓ Personalised treatment planning
✓ International patient support
✓ Comprehensive care journey

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This guide is for informational purposes.
Treatment suitability is determined after medical evaluation.