ABOUT ESTECENTER

# Our Clinic and Facilities

Where your treatment happens: the building in Şişli, the surgical and recovery areas, the standards behind them, and how to reach us



The clinic is in Şişli, one of central Istanbul's main medical and business districts – a short walk from Nişantaşı and a short taxi from Taksim and the Bosphorus. Both airports are within reach by road.

## THE CLINIC



Fulya Mah., Hakkı Yeten Cad., Kıvanç Sok. No:24, Şişli / Istanbul. Hotels, pharmacies and restaurants within walking distance.

## GETTING HERE

- ✓ **Istanbul Airport (IST).** About 45–70 minutes by road depending on traffic. Transfers are included in packages.
- ✓ **Sabiha Gökçen (SAW).** On the Asian side; about 60–90 minutes by road. Also covered by transfers.
- ✓ **From the hotel.** Our partner hotels are a short walk or a few minutes by car; appointment transfers are arranged.
- ✓ **Local patients.** Metro to Şişli–Mecidiyeköy or Osmanbey, then a short walk; parking nearby.

## PRACTICALITIES

### Hours

Monday to Saturday, 08:00–17:00. Closed Sundays. Online every day.

### Contact

+90 533 157 73 57, info@estecenter.com, WhatsApp.

### Hotels

Partner hotels in Şişli and Nişantaşı, chosen for comfort and distance.

### Languages

Multilingual coordinators on site and online.

Ask your coordinator for the hotel options and the transfer plan for your dates.

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# Consultation and treatment areas

The clinic is laid out so that a patient's day moves in one direction: reception, consultation, planning, treatment, recovery – with no doubling back and no waiting in corridors.

## THE PATH THROUGH THE BUILDING

**1 Reception**
Registration, documents, a coordinator who stays with you.

**2 Consultation rooms**
Examination, photographs, measurement, the surgeon's plan.

**3 Treatment rooms**
Hair transplant, medical aesthetics and minor procedures under local anaesthesia.

**4 Surgical floor**
Operating theatres and recovery for procedures under general anaesthesia.

## HAIR TRANSPLANT SUITES

- Reclining procedure chairs for sessions of several hours
- Magnification and lighting for graft work
- Graft handling stations where follicles are kept cool and hydrated
- Breaks, meals and entertainment built into long sessions

## MEDICAL AESTHETICS AND PLANNING

- Standardised photography for before-and-after records and planning
- Facial and body measurement for rhinoplasty, breast and body planning
- Energy devices for HIFU and Ultherapy; treatment rooms for threads and injectables
- Consent and plan documents reviewed with you, in your language

The consultation room is where most of your result is decided. We book enough time for it – expect to be examined, measured and photographed, and to leave with a plan you understand.

**Take the 360° tour on our site, or visit in person before you decide.**

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# Surgical and recovery facilities

Procedures under general anaesthesia take place in fully equipped operating theatres with an anaesthetist present throughout, and are followed by monitored recovery and, where planned, an overnight stay.

## THE OPERATING THEATRE



Surgeon, anaesthetist and theatre nurses; monitoring throughout; recovery staff who follow you after.

## WHAT IS IN PLACE

- ✓ **Anaesthesia team.** A qualified anaesthetist assesses you beforehand and stays throughout general anaesthesia.
- ✓ **Monitoring.** Continuous during surgery and in recovery until you are awake and stable.
- ✓ **Emergency readiness.** Equipment, medication and protocols for the unexpected, rehearsed by the team.
- ✓ **Overnight care.** Private rooms for the planned stay after rhinoplasty, breast and body surgery, with nursing through the night.

## HYGIENE AND STERILISATION

### Sterile technique

Theatre protocols followed by every member of the team, every time.

### Instrument sterilisation

Reprocessed and tracked; single-use items used once.

### Clean air and surfaces

Theatres cleaned and prepared between cases to a fixed protocol.

### Documentation

Every procedure, implant and medication recorded and available to you.

You will meet the anaesthetist before surgery. Tell them everything – medications, allergies, previous anaesthetics, snoring, smoking. It is their job to keep you safe, and the conversation is part of how they do it.

**Ask us which procedures involve a hospital night, and how recovery is staffed.**

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# A day at the clinic

Here is what the building looks like from a patient's point of view on three common days: a consultation, a hair transplant, and a surgical procedure.

## THREE KINDS OF DAY

### CONSULTATION

**About two hours**

Reception, examination, photographs, the surgeon's assessment and a written plan. Questions welcome throughout.

→ **You leave with a plan and a price**

### HAIR TRANSPLANT

**Six to eight hours**

Markings, local anaesthesia, extraction, a break for lunch, implantation. A coordinator checks on you; the surgeon reviews the result before you leave.

→ **Back to the hotel the same evening**

### SURGERY

**Admission to next morning**

Arrive fasting; meet the anaesthetist; surgery; recovery; a private room overnight; the surgeon's round and discharge the next day.

→ **Discharged with documents and a follow-up date**

## BRING WITH YOU

- ☐ Passport or ID
- ☐ Any medication you take, in its packaging
- ☐ Previous medical reports or test results
- ☐ Loose, front-opening clothing on procedure days
- ☐ Your companion, if one is coming
- ☐ Your list of questions

## WHAT THE CLINIC PROVIDES

- ✓ Meals and refreshments on long procedure days
- ✓ Garments, dressings and aftercare products as the plan requires
- ✓ A coordinator who stays with you from arrival to departure
- ✓ Your written aftercare, documents and emergency contact before you leave

YOUR NEXT STEP

## Talk to us before you decide anything

**Free Consultation**
A conversation with a coordinator, with no commitment.

**Send Your Photos**
Our medical team reviews them and replies with an assessment.

**WhatsApp Us**
Questions answered in your own language, usually the same day.

✓ **Free consultation · Free medical evaluation**

WHATSAPP US

READ ONLINE

WHY ESTECENTER?

- ✓ Experienced medical teams
- ✓ Personalised treatment planning
- ✓ International patient support
- ✓ Comprehensive care journey

estecenter.com

This guide is for informational purposes.
Treatment suitability is determined after medical evaluation.