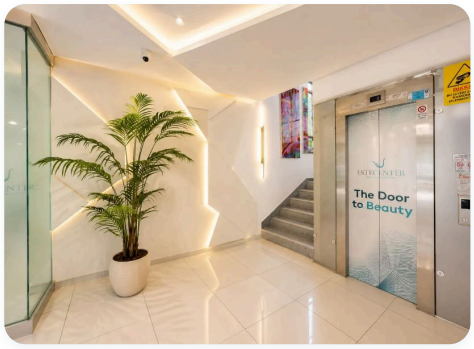
SAFETY

Medical Travel Safety and Your Rights

What safe care looks like from the outside, the consent you are entitled to, what to keep in writing, and what should happen if something goes wrong



You cannot inspect an operating theatre from your sofa. But the things that make care safe leave traces you can check: who the surgeon is, where surgery happens, how questions are answered, and what is put in writing.

THE LAYERS OF SAFETY



The surgeon, the setting, the anaesthetic team, the aftercare – each layer matters, and each can be asked about.

FIVE THINGS YOU CAN CHECK

- ✓ **The surgeon has a name.** And a registration you can look up. Surgery by an unnamed "team" is a warning.
- ✓ **Surgery happens in a hospital or licensed facility.** With an anaesthetist present for anything under general anaesthesia.
- ✓ **Questions get specific answers.** Not reassurance, not pressure, not a discount for deciding today.
- ✓ **The plan is in writing.** Procedure, surgeon, inclusions, price, and what happens if plans change.
- ✓ **Follow-up is described, not promised.** Who, how, how often, and for how long.

WARNING SIGNS

Pressure
Limited-time prices; a deposit today for a slot that will "go".

Guarantees
Promised outcomes, graft counts or "100 % success". Medicine does not work that way.

Vagueness
No surgeon named; no facility named; no written plan.

Over-reach
Agreeing to everything you ask, including combinations a cautious surgeon would stage.

Ask who will operate, where, and who gives the anaesthetic. Expect names.

This guide is for informational purposes.
Treatment suitability is determined after medical evaluation.

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Informed consent

Consent is not a signature on the morning of surgery. It is a conversation, in a language you understand, that leaves you knowing what will be done, why, what could go wrong and what the alternatives are.

WHAT PROPER CONSENT COVERS

Informed consent

1. **The procedure** — What exactly will be done, by whom.
2. **The expected result** — Realistic, for your anatomy.
3. **The risks** — Common and rare; what happens if they occur.
4. **Alternatives** — Including doing nothing or doing less.
5. **Recovery** — Time, restrictions, follow-up.
6. **Your questions** — Answered before you sign, not after.

YOU HAVE THE RIGHT TO

- ✓ A consultation with the surgeon who will operate, before the day
- ✓ Consent documents in a language you read, or a qualified interpreter
- ✓ Time to think; nobody should be signing under sedation or pressure
- ✓ Change your mind, including on the day, without medical penalty
- ✓ Decline photographs being used for anything but your own care

IF CONSENT FEELS RUSHED

- ✓ **Say so.** "I need this explained again" is a complete sentence.
- ✓ **Ask for the surgeon.** Consent for surgery should come from the person doing it.
- ✓ **Ask for a copy.** Of everything you sign, before you sign it.
- ✓ **Postpone if necessary.** A clinic that will not allow a day's delay has told you something.

At Estecenter, consent is taken in your language by the operating surgeon with a coordinator present, and you receive a copy. If any clinic does less, ask why.

Ask to see the consent form before you travel. A good clinic will send it.

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Records, complications and continuity

The weeks after you fly home are where cross-border care is tested. Your protection is paperwork you can hand to any doctor, and a clinic that stays reachable.

WHAT YOU SHOULD LEAVE WITH



A discharge summary, operation note, medication list, consent copies and a direct contact – in hand luggage, not the hold.

DOCUMENTS TO TAKE HOME

- [ ] Discharge summary with diagnosis and procedure
- [ ] Operation note (technique, implants or graft numbers if relevant)
- [ ] Medication list with doses and duration
- [ ] Signed consent copies
- [ ] Written aftercare instructions in your language
- [ ] The clinic's direct contact, day and night
- [ ] Invoice and package description

IF SOMETHING GOES WRONG AT HOME

1 Contact the clinic
Describe it, send a photograph. Most concerns are settled this way.

2 See a local doctor
If urgent, do not wait. Hand them your discharge summary.

3 Keep the clinic informed
They should speak to your local doctor if asked.

4 Revision, if needed
Ask what the clinic's policy is before you book, in writing.

Ask before you book, not after

How are complications handled? Who pays for a revision, and under what conditions? What happens if a local doctor needs to speak to the surgeon? A reputable clinic has answers written down.

Ask the medical team for the complication and revision policy in writing.

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Your rights, and a short checklist

International patients in Turkey are protected by the same patient-rights regulation as Turkish citizens, and by data-protection law that mirrors the GDPR. These are the parts that matter most to you.

RIGHTS THAT APPLY TO YOU

Information
To be told your diagnosis, options, risks and costs in a language you understand.

Consent and refusal
To accept or decline any treatment, and to withdraw consent.

Privacy
Medical data handled under Turkey's KVKK, aligned with the GDPR; photos used only with your separate permission.

Records
To receive copies of your records and to request correction or deletion of personal data.

BEFORE YOU PAY A DEPOSIT

- [ ] I know the name and registration of my surgeon
- [ ] I know where the procedure will take place
- [ ] I have a written plan with inclusions and the full price
- [ ] I have seen the consent form
- [ ] I know the complication and revision policy
- [ ] I know who to call, and when, after I go home
- [ ] Nobody has pressured me to decide quickly

IF YOU NEED TO COMPLAIN

- ✓ **First, the clinic.** In writing, with dates. Most issues are resolved here.
- ✓ **Then the Ministry of Health.** Turkey's health ministry runs a patient-rights unit that accepts complaints from international patients.
- ✓ **Keep everything.** Messages, invoices, photographs – the record is your position.

YOUR NEXT STEP

Talk to us before you decide anything

Free Consultation
A conversation with a coordinator, with no commitment.

Send Your Photos
Our medical team reviews them and replies with an assessment.

WhatsApp Us
Questions answered in your own language, usually the same day.

✓ Free consultation · Free medical evaluation

WHATSAPP US

READ ONLINE

WHY ESTECENTER?

- ✓ Experienced medical teams
- ✓ Personalised treatment planning
- ✓ International patient support
- ✓ Comprehensive care journey

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