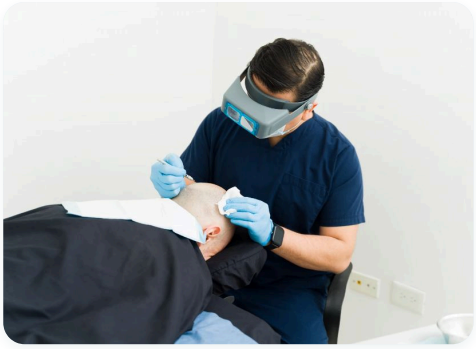
HAIR RESTORATION

# The Long Hair (Unshaven) Hair Transplant

How a transplant is done without shaving your head, who it suits, what it costs you in grafts, and how the aftercare differs



Three terms are used loosely and mean different things. The technique that lets you walk out of the clinic looking much as you walked in is the one patients usually mean – and it is the most demanding to perform.

## THREE LEVELS OF SHAVING

**STANDARD**

### Full shave

Donor and recipient areas shaved. Fastest, most efficient, largest sessions.

**PARTIAL**

### Hidden-strip shave

A strip at the back is shaved and covered by the hair above; the front is not shaved.

**UNSHAVEN**

### Long hair technique

Nothing visibly shaved. Grafts are harvested and placed between existing long hairs.

## THE DONOR AREA, HIDDEN



A narrow band at the back is trimmed short and the longer hair above it falls over it. From outside, nothing shows.

## WHAT IS DIFFERENT ABOUT THE PROCEDURE

- ✓ **Harvest.** Grafts are taken from the trimmed strip, or one by one between long hairs, which is slower.
- ✓ **Placement.** An implanter pen places each graft between existing hairs without a separate channel step – this is why the technique is usually done with DHI.
- ✓ **Time.** The surgical day is longer for the same number of grafts, and the team has to be experienced in it.

ⓘ The result at twelve months is the same hair, in the same place, as a shaved transplant. What you are buying is the first month: no shave, no visible donor, no explaining.

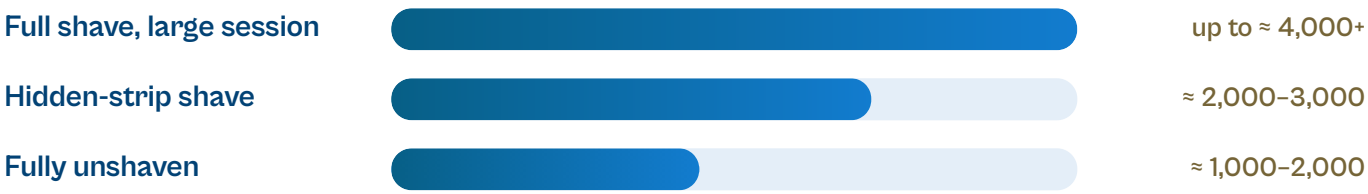
**Ask whether a partial or a fully unshaven approach would suit your pattern.**

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# The trade-off: fewer grafts per session

Working between long hairs is slower and the hidden donor strip is smaller. Both reduce how many grafts can be moved in one day, and that shapes who the technique is right for.

## ILLUSTRATIVE SESSION SIZES, NOT QUOTES




## WHY THE NUMBER DROPS

- ✓ **Smaller donor window.** Only the band the long hair can cover is available in one session.
- ✓ **Slower placement.** Each graft is set between existing hairs that must not be damaged.
- ✓ **Visibility.** The surgeon sees less of the recipient area at once, so density is built more carefully.

## WHAT THAT MEANS IN PRACTICE

- ✓ **Limited areas suit it.** A hairline, the temples or a thinning crown – a defined zone.
- ✓ **Large areas may need two sessions.** Which doubles the trips. Sometimes a single shaved session is the kinder plan.
- ✓ **Cost per graft is higher.** More surgical time for the same number of grafts.

### A fair way to decide

If your plan is under about two thousand grafts, the long hair technique is usually a real option. Above that, ask the medical team to compare two unshaven sessions against one shaved session honestly – including the travel.

**Ask how many grafts your zones need; the answer decides the technique.**

This guide is for informational purposes.
Treatment suitability is determined after medical evaluation.

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# Who it suits, and who it does not

The patients happiest with the long hair technique are the ones for whom a shave is a genuine problem – not a preference – and whose area is limited enough to treat properly without it.

## THREE TYPICAL CANDIDATES

PROFILE 1

### Public-facing role

Needs to be back at work with nothing visible within days.

→ Unshaven, limited area

PROFILE 2

### Long hair, thinning crown

Hair long enough to cover a strip; one defined area to fill.

→ Hidden-strip shave with DHI

PROFILE 3

### Woman with a high hairline

Wants the hairline lowered without any visible change in the meantime.

→ Unshaven, hairline only

## USUALLY A GOOD FIT

- ✓ Hair at the back long enough to cover a trimmed band
- ✓ A defined area needing under about 2,000 grafts
- ✓ A real need for discretion in the first weeks
- ✓ Willingness to follow a more careful washing routine

## USUALLY BETTER SHAVED

- × Front, mid-scalp and crown all open at once
- × Very short hair that cannot hide a donor strip
- × A budget that cannot stretch to two sessions
- × Wanting maximum density in a single trip

## ASKED IN MOST CONSULTATIONS ABOUT IT

### Is the result worse?

No. The grafts are the same and the growth is the same. The session is smaller, not weaker.

### Does it hurt more?

No. Local anaesthetic is the same; the day is longer, not more painful.

### Can I style my hair the next day?

Not over the recipient area. Hair can hang; it cannot be combed, gelled or pressed for the first ten days.

Send photographs with your hair as you normally wear it — length matters here.

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# Aftercare with long hair

The grafts need exactly the same protection as in a shaved transplant. The difference is that your own hair is now in the way – and can either help hide the area or disturb it.

## WASHING, ADAPTED FOR LONG HAIR

1. **Separate** — Lift the long hair away from the grafted zone before applying anything.
2. **Apply** — Foam or lotion dabbed onto the recipient area, never combed through.
3. **Rinse** — Low pressure, water poured not sprayed; let it run through the long hair.
4. **Pat dry** — Press moisture from the long hair with a soft paper towel; do not rub the grafts, no hairdryer heat.

## WHERE LONG HAIR CHANGES THE RULES

**No combing**
Over the grafted zone for ten days; comb the rest gently.

**No products**
Gel, wax or spray stay away from the area until cleared.

**Hair off the face**
A loose tie or clip so hair does not drag over grafts at night.

**Hair as cover**
Your own hair shades the area, but keep it from pressing on it.

### Watch for these specifically

- ✓ Long hairs catching in crusts – never pull; wash and let them release
- ✓ Tangles over the grafted area – detangle from the ends, away from the scalp
- ✓ Shedding of transplanted hairs from week two – expected, and hidden by the hair around it

YOUR NEXT STEP

## Talk to us before you decide anything

**Free Consultation**
A conversation with a coordinator, with no commitment.

**Send Your Photos**
Our medical team reviews them and replies with an assessment.

**WhatsApp Us**
Questions answered in your own language, usually the same day.

✓ Free consultation · Free medical evaluation

WHATSAPP US

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WHY ESTECENTER?

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This guide is for informational purposes.
Treatment suitability is determined after medical evaluation.